



Covid 19 Funding - Case Study – Kugatsu Karate-Do

Funding Background

Glasgow Sport was eager to help organisations to sustain themselves and be Ready to Go Again when the Scottish Government route map allowed. This fund was specifically targeted at organisations in the sport and physical activity sector who have a role in enabling and supporting the communities of Glasgow to get and stay active. Organisations could apply for grants up to £2,000 with Kugatsu Karate-Do being awarded £1300 toward their project.



Kugatsu Karate restarted activities in person while streaming online

What did you expect to do?

The club developed a phased plan to re-open our club with a mixed delivery approach between online and in person across 4 different venues. We planned to re-configure our service delivery by purchasing of additional training equipment to replace pad work and training routines whilst adhering to social distancing as well as additional cleaning equipment to assist with hygiene and infection control.

The club also planned to continued online classes, that started place during lockdown, to support those who were unable to attend classes and to facilitate an initial dividing of members physically attending class into two or more groups.

What we actually did?

- ✓ Revised plans due to a number of facilities not reopening when activities restarted
- ✓ Consolidated activities in available facility from 4 to 1
- ✓ Mixed delivery approach - online and in person classes
- ✓ Purchased additional equipment to reduce contact
- ✓ Purchased cleaning equipment and hygiene products as well as PPE



What difference we actually made?

"Without the funding and guidance from Glasgow Sport, our club would not have been able to reopen, jeopardising the future of Kugatsu Karate-Do completely. The support allowed us to provide a safe environment for our members as we continue to rebuild following the lockdown period. It will take a few weeks for everyone to become familiar with the new operating procedures and restrictions brought in ensure the safest possible re-opening of our club for indoor classes."
Graham McCann, Head Coach



Reduced class sizes and non-contact activities have helped the club provide safe classes

Challenge and Changes or Learning for the future?

There are still challenging times ahead, not least because we have been forced to relocate all our classes across the North and West of Glasgow to the Scout Hall in Kelvindale. A difficult decision but one that will give the club the best chance of surviving and rebuilding after lockdown.

Currently, around 40% of our pre-lockdown members have attended classes. Having an online options has helped us stay in contact with many of our members who are not able to physically attend our facility. The club have continued to deliver additional online content to engage with members including family quizzes, fitness class and karate challenges.