

BMX Centre Timetable Nov 2019 - Mar 20



	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday	WEEK 1
0700 - 0800								
0800 - 0900								Weeks Beginning: 06.01.2020 20.01.2020 03.02.2020 17.03.2020 02.03.2020 16.03.2020 30.03.2020 06.04.2020
0900 - 1000								
1000 - 1100						Into to BMX Level 1	BMX Taster Session	
1100 - 1200								
1200 - 1300						Rock up & Ride	Start Gate session	
1300 - 1400								
1400 - 1500						BMX Taster Session		
1500 - 1600						Intermediate BMX Level 2	Rock up & Ride	
1600 - 1700	Rock up & Ride	Education	Rock up & Ride					
1700 - 1800								
1800 - 1900	Intro to BMX Level 1		Female Taster Session					
1900 - 2000	Glasgow Riders	Intermediate BMX Level 2	Start Gate session	Titans BMX Club	Go Ride Sessions			
2000 - 2100	Glasgow Riders	Rock up & Ride						
2100 - 2200								

Please check with the Venue to ensure all sessions are still running or the online App system .

	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday	WEEK 2
0700 - 0800								
0800 - 0900								
0900 - 1000								
1000 - 1100								
1100 - 1200								
1200 - 1300								
1300 - 1400								
1400 - 1500								
1500 - 1600								
1600 - 1700	Rock up & Ride	Education	Rock up & Ride	Rock up & Ride	Rock up & Ride			
1700 - 1800				Rock up & Ride	Rock up & Ride			
1800 - 1900	Intro to BMX Level 1		Female only session	Intro to Start hill Level 3	Go Ride Sessions			
1900 - 2000	Glasgow Riders	Intermediate BMX Level 2	Start Gate session	Titans BMX Club				
2000 - 2100	Glasgow Riders	Rock up & Ride						
2100 - 2200								
								Weeks Beginning:
								13.01.2020
								27.01.2020
								10.02.2020
								24.02.2020
								10.03.2020
								24.03.2020
								13.04.2020