

ADULT TENNIS PARTICIPATION PROGRAMME 2019

VENUE	DAY	TIME	SESSION TYPE	AREA
SCOTSTOUN	MONDAY	1-3pm	SOCIAL TENNIS	INDOOR TENNIS HALL
SCOTSTOUN		6-7pm	BEGINNER COACHING	INDOOR TENNIS HALL
KELVINGROVE		6-7pm	BEGINNER COACHING	OUTDOOR TENNIS HALL
GORBALS		7-9pm	INTERMEDIATE COACHING	INDOOR TENNIS
SCOTSTOUN		7-8pm	INTERMEDIATE COACHING	INDOOR TENNIS HALL
SCOTSTOUN		8-9pm	ADVANCED COACHING	INDOOR TENNIS HALL
KELVINGROVE		7-8pm	ADVANCED COACHING	OUTDOOR TENNIS
SCOTSTOUN	TUESDAY	9am -12pm	LIFESTYLE SOCIAL TENNIS	INDOOR TENNIS HALL
GORBALS		6-7pm	TENNIS TUESDAYS	INDOOR TENNIS HALL
KELVINGROVE		6-7PM	TENNIS TUESDAYS	OUTDOOR TENNIS
GORBALS		7-9pm	SOCIAL TENNIS	INDOOR TENNIS HALL
KELVINGROVE		7-9PM	TENNIS XPRESS	OUTDOOR TENNIS
GORBALS	WEDNESDAY	9am -12pm	LIFESTYLE SOCIAL TENNIS	INDOOR TENNIS HALL
SCOTSTOUN		9am -12pm	SOCIAL TENNIS	INDOOR TENNIS HALL
GORBALS		6-7pm	CARDIO TENNIS	INDOOR TENNIS HALL
KELVINGROVE		6-7pm	CARDIO TENNIS	OUTDOOR TENNIS
KELVINGROVE		7-8PM	INTERMEDIATE COACHING	OUTDOOR TENNIS
GORBALS		7-9PM	SOCIAL TENNIS	INDOOR TENNIS HALL
SCOTSTOUN	THURSDAY	10am-12pm	LADIES MATCHPLAY	INDOOR TENNIS HALL
SCOTSTOUN		2-4pm	MENS MATCHPLAY	INDOOR TENNIS HALL
GORBALS		6-7pm	BEGINNER COACHING	INDOOR TENNIS HALL
GORBALS		7-9pm	ADVANCED COACHING	INDOOR TENNIS HALL
GORBALS	FRIDAY	10am-12pm	SOCIAL TENNIS	INDOOR TENNIS HALL
SCOTSTOUN		10am-12pm	SOCIAL TENNIS	INDOOR TENNIS HALL
SCOTSTOUN		7-9pm	SOCIAL TENNIS	INDOOR TENNIS HALL
KELVINGROVE	SATURDAY	12-1pm	CARDIO TENNIS	OUTDOOR TENNIS

Scotstoun & Gorbals Indoor Tennis Centres

Block 4

Scotstoun

Monday 21st October – Saturday 21st December 2019 (9 weeks)

Gorbals

Monday 21st October – Saturday 21st December 2019 (9 weeks)

SESSION	COST
	ADULT / CONCESSION
SOCIAL TENNIS	£6.50 / £4.50 (PAYG)
LIFESTYLE SOCIAL TENNIS	£3.50 / £3.00 (PAYG)
BEGINNER COACHING (1 hr)	£9.00 / £7.00 (Block Booking)
INTERMEDIATE COACHING (1 hr)	£9.00 / £7.00 (Block Booking)
ADVANCED COACHING (1 hr)	£9.00 / £7.00 (Block Booking)
ADVANCED COACHING (2 hr)	10.00 / £8.00 (Block Booking)
INTERMEDIATE COACHING (2 hr)	10.00 / £8.00 (Block Booking)
CARDIO TENNIS	£5.00 / £3.00 (PAYG)
TENNIS TUESDAYS	£5.00* / N/A (PAYG online)
LADIES / MENS MATCHPLAY	£6.50 / £4.50 (PAYG)

*Tennis Tuesdays – PAYG (online only. www.tennistuesdays.co.uk)

For all adult coaching sessions please book your space in advance by calling our customer service team on 0141 287 8931

Kelvingrove Park Tennis

Monday 21st October – Saturday 21st December 2019 (9 weeks)

SESSION	COST
	ADULT / CONCESSION
ADULT COACHING	£5.50 PAYG
TENNIS XPRESS	£8.00 PAYG
CARDIO TENNIS	£5.00 PAYG
TENNIS TUESDAYS	£4.00* PAYG (online)

*Tennis Tuesdays – PAYG (online only. www.tennistuesdays.co.uk)

Bookings and payments are made directly at the main reception inside the tennis pavilion