GYOD MOVE Walking

Themed Walks September/October 2019

Join us for FREE walks to discover the city's hidden treasures, its culture, art, architecture, wildlife and history.

All walks last around 2 hours and start and finish at the same point unless otherwise stated. Some also include a tour of a building.

Booking is essential as places are limited.

- Due to demand, a maximum of 4 bookings allowed per person to let as many people attend as possible.
- Make your own transport arrangements and bring a snack / water
- · Wear flat comfortable shoes and dress for the weather
- If you need 1:1 support please bring a buddy
- Children are welcome if accompanied by an adult but some walks will not be suitable please check first

For more info and to book Call: 0141 287 3831 email: <u>walking@glasgowlife.org.uk</u> Please leave a message incl your name, r

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For Further information: 0300 343 0400 www.goodmoveglasgow.com



SEPTEMBER

Fri 6th	<u>Crookston Heritage Trail & Rosshall Park</u> Explore the rich heritage of Crookston and Rosshall including a look around the impressive Crookston Castle. Meet: 11am Cardonald Library, Mosspark Drive
Mon 16th	Castlemilk Woodland Park & Fernbrae Meadows A wander through Castlemilk Woods to Fernbrae Meadows, a newly created 20 hectare community greenspace. (NOTE hilly route) Meet: 11am Castlemilk Swimming Pool, Castlemilk Dr
Tues 24th	<u>'It Wisnae Us'</u> Explore the mansions built by Glasgow's Tobacco Lords and investigate their involvement in the slave trade and its abolition. Meet: 11am, GOMA, Royal Exchange Square
OCTOBER	
Wed 2nd	<u>Calton Heritage Trail</u> Uncover Calton's industrial past and buildings. Meet: 11am, People's Palace, Glasgow Green
Thu 10th	<u>Kelvingrove Park & River Kelvin</u> Explore Kelvingrove Park, Glasgow University Campus then return along the Kelvin Walkway. Meet: 11am, Kelvingrove Lawn Bowls & Tennis Pavilion
Fri 18 th	Langside Heritage Trail One of the oldest and event-filled areas of the Southside. Meet: Langside Library, Sinclair Street
Tues 22nd	Canals, Rivers and Parks A lovely circular route that is a haven for wildlife. Meet: 11am, Anniesland Library, Crow Road
Thurs 31st	<u>'It Wisnae Us'</u> Explore the mansions built by Glasgow's Tobacco Lords and investigate their involvement in the slave trade and its abolition Meet: 11am, GOMA, Royal Exchange Square

Spaces limited, booking essential!