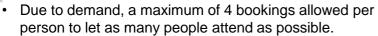
Walking



Join us for FREE walks to discover the city's hidden treasures, its culture, art, architecture, wildlife and history.

All walks last around 2 hours and start and finish at the same point unless otherwise stated. Some also include a tour of a building.

Booking is essential as places are limited.



- Make your own transport arrangements and bring a • snack / water
- Wear flat comfortable shoes and dress for the weather
- If you need 1:1 support please bring a buddy
- Children are welcome if accompanied by an adult but some walks will not be suitable please check first

For more info and to book Call: 0141 287 3831 email: walking@glasgowlife.org.uk Please leave a message incl your name, number & walk date.

For Further information: 0300 343 0400 www.goodmoveglasgow.com



July/August Themed Walks

JULY	
Tues 2 nd	<u>ART</u> - Gorbals' Art and Sculpture Explore the results of the 'percent for art' redevelopment clause. Meet: 11am, St Frances Centre, Cumberland St.
Thurs 4 th	HISTORY – William Wallace Circular & Robroyston Park Discover Wallace Well, built on a natural spring, where it is thought William Wallace took his last drink as a free man. Meet: 11am, Barmulloch Library, Wallacewell Quadrant
Tues 9 th	NATURE - Auchenshuggle Woods & River Clyde Escape city streets on a woodland and riverside walk. Meet: 11am, Glasgow Club Tollcross, Wellshot Rd
Thurs 11 th	NATURE – Bishopsloch & Gartloch Village Explore part of the 7 Lochs Wetland Trail Meet: 11am, The Bridge, Westerhouse Rd, Easterhouse
Tues 30 th	HISTORY & NATURE – River Kelvin & West End Tenements A gentle saunter along the river then a gander at the beautiful architecture of the area. Meet: 11am, Kibble Palace, Botanic Gardens
AUGUST	
Thurs 1 st	HISTORY – Glasgow's Churches and Cathedral Visit our churches and impressive cathedral. Meet: 11am, outside Café Nero, St Enoch Square Finish: St Mungo's Museum of Religious Life & Art
Tues 6 th	<u>NATURE</u> – Hogganfield and Frankfield Lochs Follow another part of the 7 Lochs trail and spot wetland and woodland wildlife on your journey. Meet: Golf Pavilion, Hogganfield Loch, Cumbernauld Rd
Thurs 8 th	HERITAGE – Springburn Park and Huntershill Discover the statues and monuments of the area along the way. Meet: 11am, Glasgow Club Springburn, Kay Street
Wed 21 st	<u>ARCHITECTURE</u> – 'It Wisnae Us' Explore the mansions built by Glasgow's Tobacco Lords and investigate their involvement in the slave trade and its abolition. Meet: 11am, GOMA, Royal Exchange Square
Thurs 29 th	ARCHITECTURE - Glasgow's Landmarks Trail Discover some of the most important buildings from eight centuries of Glasgow's history. Meet: 11am St Enoch subway Finish: Botanic Gardens