

## LEGACY OF 2014

# Glasgow Sport Young Leaders programme

### APPLICANT INFORMATION

 @GSYoungLeaders



Meet our GSYouthPanel who plan and deliver the monthly modules.

Glasgow Sport and the GSYouthPanel are proud to announce the opening of recruitment for the 2014/2015 Glasgow Sport Young Leaders programme. The main aim is to maximise your potential as a volunteer by providing you with opportunities that will increase your knowledge, experiences and enthusiasm of sport. Young Leaders meet once a month to take part in sport, learn new skills and gain various qualifications.

 @GSYoungLeaders

The GSYouthPanel work as a voice for young people and keep in contact with the young leaders via Facebook and Twitter. They support young people and help them to volunteer at citywide sporting events.

You can play a significant role in the legacy of the 2014 Commonwealth Games in Glasgow.

## Criteria

### To be eligible to apply for the programme, you must:

- Be 14 - 18 years old
- Be a resident of Glasgow or volunteering within Glasgow
- Volunteering on a regular basis (minimum of four hours a month)
- Be nominated by a suitable person, such as an Active Schools Co-ordinator, Club Coach, Sport Leaders Awards Co-ordinator, Sports Development Officer, Health & Physical Activity Co-ordinator, Youth Worker, PE/Guidance or Head Teacher.
- Have shown a commitment to volunteering within sport, such as:  
**Coaching** (Assistant Coach, Head Coach, Fitness Coach)  
**Administration** (Treasurer, Committee Member, Secretary, Chairperson)  
**Leadership** (Youth Club Leader, Scouts, Girl Guides, After School Leader)  
**Officiating** (Referee, Umpire, Line Judge).

## Application Form

**Stage 1:** Applicants are required to submit a completed application form (FORM A), including a statement from the person who is nominating you (FORM B) by Friday 26th of September. Please submit a passport photograph along with your application.

**Stage 2:** Selected applicants will be invited to attend an informal group interview.

**Stage 3:** Applicants will be notified whether they have been successful or not in gaining a place on the programme.

**Stage 4:** Successful applicants will begin on the year long programme.

**Please note:** Entry onto the programme can only be gained via a nomination - please see criteria.

## Benefits

- High level of support and guidance from experienced professionals within the sports industry.
- An opportunity to meet new people, try new sports, have fun and give something back to the community.
- Glasgow Sport Young Leaders kit.
- Positive progressions onto other Glasgow Sport volunteering opportunities/ programmes/ Employment such as our Coach Core programme.
- Receive recognition awards for commitment to volunteering.

# Next Steps . . .



## MODULE 1

Positive Coaching  
Scotland

## MODULE 2

Disability  
Inclusion



## ADD ON MODULE

Events Example:  
UCI World Junior  
Track Championships  
and World Cup  
Gymnastics

"Great experience that helps shape you as a person and coach, it increases your knowledge and helps you learn more about yourself and others. A great programme and I'm glad I was involved."



## ADD ON MODULE

Events Example:  
Go Yellow Day and  
Sport Relief  
Mile

## MODULE 4

Games  
Sense

## MODULE 3

Coaching Skills  
Workshops and  
Leadership  
Skills

## MODULE 5

Session Planning  
and Risk  
Assessment

## ADD ON MODULE

UKCC courses  
and residential  
trips

## MODULE 6

Officiating  
Workshop

Final Night -  
Graduation

"It creates great opportunities; good ways of making contacts, meeting other coaches and progressing your coaching!"





## Highlights from the 2013/14 Programme....

Now in its fifth year the GSYL programme has been internally rated as equivalent to a Higher Qualification against the Scottish Credit Qualification Framework. Young Leaders have previously volunteered at the Glasgow Disability Sport launch event, the Scottish International Badminton Championships, the Commonwealth Conference as well as taking a lead in delivering sports taster sessions at Go Yellow Day at Bellahouston Park. Many Young Leaders were clyde-siders and Host City Volunteers during the Glasgow 2014 Commonwealth Games, 4 Young Leaders gained employment with Glasgow Sport on the year long Coach Core programme.

"Helps you become a more confident person and allows you to have a better outlook on life... You get the opportunity to meet new people, but most of all it gives you the feeling that you belong to something, something good and well worth your time."



Glasgow Sport Young Leaders developed a Culture and Education Programme which was delivered to athletes at the 2013 UCI World Junior Track Championships and World Youth Netball Championships.


## More info

**If you require any further information then please contact:**

Glasgow Sport, Emirates Arena,  
1000 London Road, Glasgow G40 3HY  
GSYL@glasgowlife.org.uk  
0141 287 5428  
www.glasgowlife.org.uk



Glasgow Sport Young Leaders were awarded at Glasgow Sport's Volunteer Recognition event.

 @GSYoungLeaders

**WORKING TOGETHER TO TRANSFORM LIVES IN GLASGOW**

PARTNER



SUPPORTER



# Application form

## PART A

### About you ...

First name .....

Surname .....

Address .....

..... Postcode .....

Date of birth ..... Gender  Male  Female

Telephone home .....

Mobile .....

Email .....

Employment status

School pupil  Student  Employed  Unemployed

If you are a pupil/student, where are you studying? .....

.....

Do you consider yourself to have a disability?  Yes  No

Do you require additional support (please give details)

.....

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.....

.....



What is your role in volunteering?

- Coaching (Assistant Coach, Head Coach, Fitness Coach)
- Officiating (Referee, Umpire, Line Judge, Scorekeeper)
- Event Volunteering (Stewarding, Race Finish Line)
- Other (Please provide details) .....

What do you hope to gain from being part of the Young Leaders Programme (up to 50 words).

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I declare the information I have given is true to the best of my knowledge:

Name .....

Signature .....

Date .....

If you are under 16 you are required to gain consent from your parent or guardian to apply to this programme.

I have given ..... permission to apply to the Glasgow Sport Young Leaders Programme

Please note PART A and PART B must be completed before submitting this application.

**Deadline for Submitting Application: Friday 26th September 2014.**

# PART B

## TO BE COMPLETED BY THE NOMINATOR

Please note the nominator must be someone who can provide information for you in a work / voluntary setting, for example, a School teacher, sports club coach or Active Schools co-ordinator.

Applicant Name .....

Nominator Name .....

Job Title .....

Nominator Address .....

..... Postcode .....

Nominator Telephone .....

Nominator Email .....

1. How long have you known the above named person?

..... Years ..... Months

2. In what capacity?

.....  
.....  
.....  
.....

3. Why should this young person be given this unique opportunity?

.....  
.....  
.....  
.....



Signature ..... Date .....

Please note PART A and PART B must be completed before submitting this application.

**Deadline for Submitting Application: Friday 26th September 2014.**

Please return completed form to:  
Glasgow Sport Young Leaders, Glasgow Sport,  
Emirates Arena and Sir Chris Hoy Velodrome  
1000 London Road, Glasgow, G40 3HG  
or email [GSYL@glasgowlife.org.uk](mailto:GSYL@glasgowlife.org.uk)

**Data Protection Act 1998**

The information which you provide on this form will be processed by Glasgow Life (which is the 'data controller' for purposes of the Data Protection Act 1998) in order to maintain the Glasgow Life database of volunteers. The information will be used to determine suitability for a volunteer position and passed onto the organisation for which the volunteer will carry out tasks. This organisation may take steps to verify the information. As some volunteer positions involve working with children and vulnerable adults, Enhanced Disclosures may be obtained on applicants by these external organisations.