

No one should face cancer alone. For support, information or if you just want to chat, call us free on **0808 808 00 00** (Monday to Friday, 9am-8pm) or visit macmillan.org.uk

Cancer support and information in Glasgow

MACMILLAN @ GLASGOW LIBRARIES

If you or someone close to you has had a cancer diagnosis, we're here to help support you.

WE ARE
MACMILLAN.
CANCER SUPPORT



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Together with Macmillan

Macmillan Cancer Support, registered charity in England and Wales (261017), Scotland (SC039907) and the Isle of Man (604).



Finding out that you or someone close to you has cancer can be a difficult and confusing time. That's why we're here to help support you, so you don't have to face it alone.

In libraries across the city, we offer a free and confidential drop-in service where anyone affected by cancer can get emotional support and high quality information in a relaxed environment.

We also run regular outreach sessions in the community. You'll find us everywhere from shopping centres to museums, and workplaces to community events. We'll have a private space and trained volunteers who are always ready to listen and offer support.

To find out more information you can visit glasgowlife.org.uk/macmillan, email macmillan@glasgowlife.org.uk or contact Glasgow Libraries on **0141 287 2999**



How can we help?

We can offer you, your family and carer a wide-ranging service which includes:

- Emotional support or just someone to talk to.
- Information and booklets on all aspects of living with and beyond cancer.
- Help to arrange counselling and free complementary therapy appointments.
- Putting you in touch with your local Macmillan Benefits Adviser who can help with your financial worries.
- Direct you to good quality internet sites for cancer information and support.
- Help to access a wide range of other local services from physical activity classes to carers support.

