



# WHITACRES COMMUNITY SPORTS HUB

Creating life changing opportunities through sports



#It'sAGreatDayToPlay

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📍 WhitacresCSH    📱 WhitacresCommunitySportsHub    📧 whitacrescommunitysportshub

# WHITACRES COMMUNITY SPORTS HUB

Creating Life Changing  
Opportunities Through Sport

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Whitacres is a Community Sports Hub based in the south side of Glasgow who operate in the Greater Pollok and surrounding areas.

We are a volunteer led organisation and our aim is to enhance the lives, well-being and health of young people in our community. To do this we use sport as a vehicle to create life changing opportunities for children and adults. Our aim is to deliver a quality service and we have a number of programmes to cover a wide range of sporting activity which caters for many individual's needs.

All our Hub activities pride themselves on being friendly and you are sure of a warm welcome when you go along for your first night as we know it can be a little bit scary! So what are you waiting for?

To find out more regarding our Community Sports Hub, please email [whitacrescommunitysportshub@gmail.com](mailto:whitacrescommunitysportshub@gmail.com)

# Sports and Activities



## Djuma Labassa Boxing Academy

This FREE non-contact project started in October 2016. The classes offer participants an introduction to ropes, pads, punch bags and basic boxing skills. Plus lots of fun and fitness!

### Pollok Community Centre

**Wednesday 5pm – 5.50pm**

4 to 7 years | FREE

**Wednesday 6pm – 7pm**

8 to 12 years | FREE

**Wednesday 7pm – 8pm**

13 to 18 years | FREE

Further sessions for adults coming soon, please email [whitacrescommunitysportshub@gmail.com](mailto:whitacrescommunitysportshub@gmail.com)



## Whitacres CSH Dance

The Whitacres Dance Academy runs FREE dance classes and is very popular. They are always looking for new members and with it being FREE why not come along to Pollok Community Centre and bring a friend... or two!

### Pollok Community Centre

**Friday 4.20pm – 5pm**

3 to 5 year | FREE

**Friday 5pm – 6pm**

6 to 9 years | FREE

**Friday 6pm – 7pm**

10 to 16 years | FREE



Move 2 Improve

## Move2Improve Programme

The Move2Improve project is designed to aid children to move more competently and confidently in all types of environments. The key components is to develop fundamental movement skills! This helps develop confidence in children to becoming active in lots of different sports and physical activity.

### Pollok Community Centre

**Friday 4.15pm – 5pm**

4 to 9 years | FREE

**Friday 5pm – 6pm**

10 to 16 years | FREE



# Supporting your Local Community Sport Hub

## Would you like to support your local Community Sport Hub?



**Would you like to get involved in any of the activities listed in our brochure?**  
**Would you like to start a new club, in a sport or activity you love?**  
**Have you been thinking about getting involved in volunteering?**

Well you are at the right place! At Whitacres Community Sports Hub we will connect you with the right volunteering opportunity and we are delighted to be able to offer funding for coach education & training to support you on your volunteering journey. So get in touch to kick start you on this life changing experience!

**To find out more information on courses and funding available please email [whitacrescommunitysportshub@gmail.com](mailto:whitacrescommunitysportshub@gmail.com)**

## Glasgow Sport Volunteering Bureau

If you would prefer to go further afield or try something completely different, whether you would like to assist as a coach, committee member, parent helper, fundraiser, social media and marketing, photographer or mini bus driver, Glasgow Sport have launched a fantastic tool Glasgow Sport Volunteering Bureau.



The system is completely FREE to sign up and use and will assist:

- Individuals to search & join sport related volunteer opportunities.
- Sports clubs/ organisations to recruit & coordinate volunteers.
- An easy to use online one-stop-shop for sport related volunteering.



**If you would like to know more email [clubandvolunteer@glasgowlife.org.uk](mailto:clubandvolunteer@glasgowlife.org.uk)**

## Partnerships and Support

Whitacres Community Sports Hub is a multi-sports club partnership between Glasgow Sport, Sportscotland and local supporters and we would like to thank everyone for their continued support and hard work to make it possible for us to offer sport and physical activity within the local area.

As a Community Sport Hub recognised by sportscotland our aspirations are to provide a home where sport and physical activity can thrive. Through strong leadership we will continue to engage with our local partners in the community to grow participation in sport and physical activity for all.



**LOTTERY FUNDED**