

- 1. Who is the Coach Core programme aimed at?**

Young people already engaged in sport that are not following a pathway to higher education, or taking up other education or employment that consists of 16 hours or more per week.
- 2. What qualifications do I need to have to apply for the Coach Core programme?**

Applicants to the Coach Core programme are not required to have any formal qualifications. The criteria required of applicants are shown on the right-hand side of the first page of the Glasgow Sport Coach Core application pack. Applicants should show a passion for sport, a high level of enthusiasm and should be reliable.
- 1. What is my nominator's responsibility?**

Your nominator must be someone who can verify your appropriateness for a placement on the Coach Core programme. The Nominator should consult with you highlighting that they are 'putting you forward' for the Coach Core programme and that you are someone who is keen to apply to become a PreCoach Core volunteer.
- 2. What benefits will I gain from being on the Coach Core programme?**
 - Achieving qualifications and vocational training that matches the criteria required by employers within the sports industry
 - Experience of working alongside professionals from the industry including Sports Development Officers, experienced sports coaches and personnel from National Governing Bodies
 - Developed personal qualities such as leadership, confidence and responsibility
 - Practical experience of working in the industry at sports events, in schools, in clubs and coaching within sports venues.
- 3. What sort of recognised qualifications will I gain?**

Courses delivered as part of the Coach Core programme will include National Governing Body qualifications in specific sports and generic coach education courses such as First Aid, TOP Sport, Positive Coaching Scotland course and National pool lifeguard qualification available to those with a keen interest in swimming. As part of the PreCoach Core programme all applicants will receive an SQA Certificate of Work Readiness and those who complete Coach Core will receive an SQA Level 2 in Sports Coaching.
- 4. What benefits will my work as a Coach Core trainee have on the people and communities of Glasgow I'll be delivering sports coaching to?**

As a Coach Core apprentice you will contribute to the programme's aims of;

 - Increasing the number of qualified sports coaches in the city and hence improve the educational attainment and achievement of young people and level of skills for employment

Coach Core

Frequently Asked Questions

- Increasing the number of young people in employment, therefore increasing the proportion of Glasgow residents in work
- Increasing the number of quality participation opportunities available to local communities subsequently increasing the proportion of residents involved in physical activity
- Contributing to the improvement of residents' aspirations, confidence, decision making capacity and involvement within community life.

5. How many places are there on the PreCoach Core volunteering programme and when will it start?

Those who are successful in the initial application and nomination process will be selected and invited to attend a group interview. Following the interview stage successfully selected applicants will start the 5 week PreCoach Core volunteering programme in October 2017. There will be 30 places available on this PreCoach Core volunteering programme.

6. Will being on the PreCoach Core programme affect my job seekers allowance?

No, you will still be able to claim job seekers allowance whilst on the PreCoach Core programme.

7. Will I receive any expenses as a volunteer on the PreCoach Core programme?

Yes you will receive an allowance of £53 on a weekly basis that can be used to support the costs of meals etc. You will also be eligible for an allowance that will go towards travel expenses.

Please note in order to receive your training allowance you must have a current bank account and be able to provide identification of some kind before starting the programme.

8. What if I have already completed a certificate of work readiness?

If you have already completed a certificate of work readiness through another agency unfortunately we cannot accept you onto course at this time. Please refer back to your nominator who will be able to advise on other opportunities available to you.

9. What if I start the course but cannot complete it?

If you drop out of course you will only be due payment for the time you have worked. All other payments would be stopped from then on.

10. How many places are there on the Coach Core apprenticeship programme and when will it start?

Applicants will be selected from the 30 volunteers who have successfully completed and shown commitment to the PreCoach Core programme. There will be 20 places available on the Coach Core programme. Coach Core is a year-long paid training programme that will start November 2017.

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11. Will my minimum of 30 hours weekly contract be a fixed schedule?

No, each Coach Core participant's work programme will be flexible. The timetable of a minimum of 30 hours a week will be negotiated and agreed by the Coach Core participant, their mentor and link officer. This could include evening and weekend work.

12. Will I be based within one location?

No, for both the PreCoach Core and Coach Core programme you will be based at a number of venues around Glasgow.

13. What will I be doing on a day-to-day basis?

The Pre-Coach Core programme will run Monday to Friday for around 25 – 30 hours a week for five weeks. This training is focused on supporting you towards moving into the Coach Core programme, whilst also preparing you for employment within the sports industry.

Your position on Coach Core will be a 12 month contract through Glasgow Life. This requires a commitment of a minimum of 30 hours a week. You will work with your mentor towards the completion of your learning outcomes set out by Glasgow Life. You will attend all identified courses and development opportunities outlined within your Create Development Wheel and undertake coaching opportunities within schools, clubs, communities and at local, regional, national and international sports events.

14. Who will be my link officer?

You will be allocated with a trained link officer who has a high level of experience and knowledge of coaching that meets the needs of your personal development as a Coach Core trainee.

Your link officer has been trained and obtains the necessary skills/ personal qualities to:

- Be a source of information for you and be able to provide high level of knowledge of sport and coaching for your development
- Build your confidence
- Develop your level of knowledge and skill within your specific sport and as a sports coach
- Act as a role model for you.

15. What will my wage be on the Coach Core programme?

Your annual salary will be £7,274.